

Mess Menu April 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRUDAY	SATURDAY	SUNDAY
BREAKFAST Choice B: • MILK, 2 BREAD SLICES, BUTTER, BOILED EGGS/ BANANA (2 pieces)	• CUTLET , SPROUTS BREAD BUTTER, MILK/TEA	• SAMBAR IDLI, COCONUT CHUTNEY, MILK/TEA, CORNFLAKES, BREAD BUTTER	• Aloo Pyaz PARANTHA, DHANIYA CHUTNEY, CORNFLAKES, MILK/TEA BREAD BUTTER	• ALLO, POORI, SPROUTS, BREAD BUTTER MILK/TEA	• SAMBAR VADA, COCONUT CHUTNEY, CORNFLAKES, BREAD BUTTER MILK/TEA	• ALOO PARANTHA, BREAD BUTTER MILK/TEA	• UTTAPAM, SAMBAR, COCONUT CHUTNEY, CORNFLAKES, MILK/TEA BREAD BUTTER
LUNCH	• KALA CHANA, ALOO BHARTA, RICE, ROTI, SALAD, MIX RAITA	• ARHAR DAL, GHIYA KOFTA, RICE, ROTI, SALAD, PAPAD, BOONDI RAITA	• RAJMA, TINDORA FRY, RICE, ROTI, PAPAD, SALAD, KHEERA RAITA	• KADHI, ALOOPAR WAL, RICE, ROTI, PAPAD SALAD.	• MIX VEG, MASOOR DAL (BLACK), RICE, ROTI SPROUTS, PAPAD BOONDI RAITA	• CHOLE BHATURE, JEERA RICE SALAD, PAPAD PICKLE, CURD	• LEMON RICE, DAL MAKHANI, ALOO BEANS, KHEERA RAITA ROTI SALAD, PAPAD
SNACKS	DAHI BHALLA, SHIKANJI	ALOO SANDWHICH, JALJEERA	FRIED IDLY, ROOFZA MILK	SAMOSA, TEA	ONION PAKODA, JALJEERA	ALOO BREAD ROLL, ROOFZA	ALOO PYAZ KACHORI** , COFFEE
DINNER	MOONG SABUT, DUM ALOO, RICE, ROTI, MACARONI SALAD, MOTI CHOOR LADOO	RASAM, MIX VEG, ROTI, RICE, SALAD, ICE CREAM (VANILLA/ STRAWBERRY)	KADHAI CHICKEN, KADHAI PANEER, ARHAR DAL, RICE, ROTI, SALAD, GULAB JAMUN	MIX DAL, ALOO BHURJI FRY, JEERA RICE ROTI, SALAD, MOONG DAL HALWA	EGG CURRY, PALAK PANEER, MOONG SABUT, RICE, ROTI, SALAD, FRUIT CUSTARD	BAIGAN BHARTA, GHIYA CHANA, RICE, ROTI SALAD, SEVYAN KHEER	SHAHI PANEER, VEG BIRYANI, CHICKEN PULAO/ BIRYANI, BOONDI RAITA, RICE, ROTI SALAD, SPONGE RASGULLA